

*Transitioning exercises for shy people*  
*Do these step for getting more comfortable in*  
*street/campus outreach through desensitization*

1. Post a religious post on Twitter or FB.

Keeping doing this 3 times a week or till comfortable.

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Then...

2. FB invite or email invite a friend or family member to church. If too hard, invite a Christian friend from another church. Then progress to original step. You can, if you want, just start by saying something like this. I'd love to have you meet my preacher. Then add your ideas and wording.

Keeping doing this 3 times a week or till comfortable.

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Then...

3. Visit a friend or family member, in person and invite them to church. If too hard, it can be a Christian friend from another church. Then progress to the original step.

Keeping doing this 3 times a week or till comfortable.

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Then...

4. Meet up with Christian friends.  
Go door knocking two by two, have them take the lead.

Do this for 3 events or till comfortable.

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Then...

5. Meet up with Christian friends. Go door knocking two by two, you take the lead. Simply say something like this. Hello, give your name. Our church is nearby, we'd love to worship with you sometime if interested. Give church flyer or card.

Do this for 3 events or till comfortable.

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Then...

6. Meet with friends to do street evangelism. Have someone with you, when you work. Just pass out cards. Say, take this. Hand cards out. Till comfortable asking for Bible study signatures. When you do ask for signatures, say something like, would you be interested in studying with us sometime?

Note: You can skip any of these exercises, if you don't feel you need them. Especially exercise 5, if you feel the first door knocking experience was sufficient.